

Children's Challenge 2009 - Individual Challenges

Child's Name	Justgiving Text	Individual Challenge
Charlotte	<p>Charlotte has neurological problems, global developmental delay, hypermobility, hypotonia and the motor disability cerebral palsy (the physical disability affecting movement as a result of damage to the brain). She continues to require many trips to hospital and a daily regime of physiotherapy. If you've met Charlotte you'll know that she's a very happy and loving little girl, but she struggles with acquiring some of the basic skills we all take for granted.</p> <p>Charlotte has been tasked with a challenge to walk 20 steps independently through a narrow channel, and step up and over 5 box steps along the way and her target date is a special "Children's Challenge" day at Stoke Mandeville Stadium the week of 5th November. Doesn't sound too tricky for a two year old, but standing up and walking a few steps for Charlotte is pretty hard as she has very poor balance, co-ordination and low tone.</p>	To walk 20 twenty steps independently
Madeline		To do 2 rolls, come into a sitting position and stand up.
Ryan		To do 4 continuous rolls, sit up controlling head then a stand and walk some steps.
Hana	<p>We are all taking part in "It's Challenge Time" and have been set challenges which are all extremely difficult for us. My Mount Everest is to "push up on straight arms when lying on my tummy and to lift my head to reach forward and place five quoits on a ring "</p> <p>This is particularly hard for my as I hate to lie on my tummy, do not particularly like putting weight on my arms and have just recently learned to hold things in my hands. Therefore this is a huge challenge, but i hope to achieve this by the 5th of November.</p>	To push up on straight arms when lying on her tummy and lift her head to reach forward to place 5 quoits on a ring
Henry, just 7 months old!		To push up on both my arms and stay-up for the whole

		duration of the nursery rhyme 'twinkle, twinkle little star'.
Ella		Side step the length of two short plinths @ two metres and to my toy, stand and play with that toy.
Lucas	I find it hard to keep going in my walker so I am going to try really hard to get to my switch to tell everyone that "I did it".	To use his walker to get to a communication switch pressing it to say "I did it"
Nathan	It's really hard for me to stand on one leg so I will have to try my best to score my goals.	To walk a short distance independently whilst kicking a ball to score a goal, then kick two more balls into the goal
Charlotte	This is a big challenge for me because I will have to concentrate very hard to remember the song while I walk through the parallel bars. I will do it though!	To choose a song with symbols and then walk through parallel bars and press the correct communication switch to match the song at the beginning
Daniel	I've been practising really hard to walk on my own so I hope I can show everyone on Challenge Day that I can do it.	To walk a 10 metres independently to a football and then kick three balls into the goal.
Amy		To walk 10 metres to the switch and say 'I have completed my challenge'.
Kai	I hope I can keep pushing hard through my legs so that I can complete my challenge. I like pushing the skittles over.	To side step along 2 metres along the parallel bars, stand and then push the skittles over.
Alex	I've been trying really hard to take steps on my own. I'm going to do my best on Challenge Day.	To hold my stick and do a graded stand then walk 15 steps with minimal help
Freddie	I can't wait to ride my trike for my challenge.	To pedal his trike 5 metres around an obstacle course, then 5 metres back again
Ella	It's really hard for me to make my arms and legs move smoothly but I'm going to try my very best to achieve my challenge.	To push brick through ladder then walk 10 steps with a ladder assisted by two people
Adam		To complete three rolls, turning head in the direction he is going.
Caitlin		To walk five metres independently with my rollator, stand and then target three bean bags into a target.

Jude	<p>I am taking part in "It's Challenge Time" to raise money for my school, The Pace Centre which provides intensive daily programmes for children like me with physical disabilities.</p> <p>We have all been set challenges and my "Mount Everest" is to walk five metres with my walking ladder and then stand up to push five bricks through the slats of my ladder into a net. This is going to be very hard for me as I don't particularly like walking with my ladder and have never walked this far before. I will practice really really hard as I want to raise as much money as I can for my school as they have taught me so much over the last 2.5yrs and have made such a difference to me and my family.</p>	Walk with 5 metres with a ladder then stand and push 5 bricks through ladder into a net.
Emma		To balance on one leg independently for 2 seconds, then step on and off 3 boxes, keeping her balance, and throw a beanbag into a target.
Genevieve		To step into a 30cm hoop, stop and balance and step out again x 3. Pick up beanbag and throw into a target.
Emma		To balance for 10 seconds on her own then take 5 steps alone and throw a beanbag into a target.
Oliver		To walk 5 metres independently with his walker then throw a beanbag into a target.
Laura	I find it really hard to take steps and to use my hands so this is a big challenge for me.	To take 8 steps independently with her walker then throw a beanbag into a target.
Aaryan		To walk five metres with my walker the sit and target a bean bag into a hoop
Alazar		To balance for 10 seconds independently then take 5 steps and throw a beanbag into a target.
Aimee	I can't wait to show everyone how clever I am with my independent walking. I've worked so hard to be able to do this on my own.	To rise to stand and maintain balance independently then take 5 steps independently.
Willoughby	I'm going to have to concentrate	To play finger football – flick

	really hard to use my right hand which sometimes doesn't work too well for me but I know I'm going to score at least 5 goals.	ping pong balls with his right hand, scoring 5 goals.
Khadijah		Khadijah will walk 10 steps using her walker to reach the table, grasp a beanbag and target it into a hoop and use AAC to say "I have done my challenge!"
Mattia		Mattia will stand up and target 3 beanbags into a hoop and use AAC to say "I have done my challenge!"
Cameran	My challenge on 5 November is...to walk ten steps with my ladder walker, to reach a table and target three bean bags and then use my communication book to say 'I have done my challenge!'.	Cameran will walk 10 steps with a ladder to reach the table and target 3 beanbags into a hoop and use AAC to say "I have done my challenge!"
Hussain		Hussain will walk twenty steps with my ladder and target 3 bean bags and use AAC to say "I have done my challenge!"
Poppy	I'm very clever at stepping but I find it hard to hold and keep my head up. I hope I can remember my letter sounds that I have been learning.	To will walk 5 metres, pushing a trolley to my stool, where I will match objects to their initial letter sounds.
Marcia	I find it very difficult to sit well while I use my hands but I'm going to do my best to make my yummy smoothie.	To make a yummy chocolate milkshake using my hands.
Emerson	I'm learning to hold with just one hand while using the other and to keep looking at them. Let's see how many goals I can score.	To play table football and score ten goals.
Alice	I will have just come out of hospital so I will have to try my very hardest for my challenge.	To walk 10 metres in my walker collecting 'fairy' items to dress up in.
Thomas	I've just started to hear things properly so I'm learning to use sign language and symbols. This is going to be a real challenge for me so it's lucky that Carrots the puppet will be there to help me.	To recognize British Sign Language signs by matching them to symbols in order to then instruct a puppeteer and puppet to carry out simple movements like 'sit down'.
Ryan	Even though I find so many things in life difficult to achieve, I am determined to walk 10 metres using my walker to collect lots of food for a teddy bears picnic to raise money for	To walk 10 metres in my walker to collect food for a teddy bears' picnic. (Maple would like to get a specific walker lent to use from Rifton

	the pace centre (my school). I want to raise money for this amazing school as without the pace centre I would not be doing half of what I can do - people give up sometimes due to be being told that a disabled child wont be able to achieve in life but, thanks to these wonderful people I have proven so many people wrong and will continue. I hope I can help other children the way I have been helped.	for the event. Simon – please talk to Jen (Physio) regarding this).
Charlie		To walk through the parallel bars. Stand at a table, hold with (L), and target bean bags into a hoop with (R). Use Toughbook to say “I did it!”.
Olivia		To walk through parallel bars and then ladder back chair(s) for 5 steps.
Daniel		To take 10 steps with a ladder then sit on red bench and target 4 bean bags into a box (2 from each hand), Grasp and release.
Elise	I go to school at the Pace Centre. They teach me good things that are helping me with my mobility. I like it there and I'm also doing well with my reading and numbers as well. In November I'll be at the Children's Challenge. I've got to walk through some parallel bars for a long way and then I've got to throw some balls into a bucket. It will be hard work for me but I'll make it	To walk two metres through the parallel bars, stand on my own and then pick up three bean bags to throw into a target.
Imogen	This is a big challenge for me because I find walking very hard. I've been practising really hard though and I know I will do my best.	To take 10 steps with ladder/walker then target – grasp and release.
Frances		To walk through parallel bars and then “plonka” sticks for 10 steps.
Daniel	PACE is a fantastic school. My Mum and Dad say they don't know where we would be without it. I have learned so much since I have been there. My teachers are helping me to walk and I am learning to talk using my new communication computer which I can control using just my eyes. How cool is that!!	To side step along parallel bars, sit down and <u>use communication aid</u> to express achievement.

	This November my personal challenge is to step using my ladder walker for 2 metres then sit down and use my communication computer to say " I have completed my challenge" It's going to be tough but I know I can do it.	
Amelia		To walk for @ 2 metres with one hand on the parallel bars and one on a walking stick. Then stand, pick up three bean bags to throw into a target.
Maddison		To walk 5 metres using her 'kaye' walker to her "peanut". Then reach out to the side for 2-2 balls and throw them in a box.
Joshua	At PACE I've been practising my walking and talking and so I'm hoping that I will be able to do my challenge on the day.	To walk 5 metres using his 'kaye' walker and will stop at each station and will say his friends' names (that he sees on the pictures at each station).
Natasha		To push herself backwards on a scooter-board for 2 metres to her station, then when sitting by her bench, push the playdough placed on the right with her right hand into the middle and will fix the playdough with her right when finding 3 marbles hidden in the playdough.
Charlie	My challenge will be to walk approximately 2 metres through parallel bars, stand at a table, holding with my left hand, and throw four bean bags into a hoop. I will then say "I did it". This might sound simple to you, but I find any movement quite difficult as my legs are very stiff and they tend to cross over when I try to walk. I will also need some help because my balance isn't the best. I have been practising very hard with my throwing and I can be very accurate when I'm sitting down, however, if I try to throw something when I am standing up I can sometimes collapse on the floor! My mum says that the speaking part of my challenge will be	To walk through the parallel bars @2 metres. Stand at a table, hold with (L), and target bean bags into a hoop. Then vocalise "I did it!".

	<p>the easiest as I like to talk a lot, but I would like to be able to say "I did it" as clearly as possible so everyone can hear me and understand me</p> <p>As I am in year 6 at school I will be leaving The Pace Centre in July next year. I love my school and I love all my teachers who have helped me and my friends. When I started at school I couldn't do anything for myself and if anyone tried to help me and show me how to do things I would scream and shout and go rigid. Everyone says I am now a completely different boy. I love learning new things and I now have the patience and understanding to persist until I can manage to do things for myself - even if I do it in my own time and in my own way!</p> <p>My teachers have taught me to be positive and independent as much as I can and they also help my mum too. I will be very sad to leave Pace but I know I am going to cope well at secondary school thanks to their help. I would really like to raise as much money as possible as a way of saying a big thank you for helping me and to hope that they can keep helping all my friends who will still be at the school.</p>	
Archie	<p>This is going to be a really big challenge for me because I'm going to have to keep going with my walking and I'm going to have to be careful with my hands when I drop the beanbag. I've been practising really hard though, so I think I can do it.</p>	<p>To walk 5 metres to his station and then he will drop one beanbag in a hoop with each hand.</p>
Jamie		<p>To push himself backwards on a scooter-board for 2 metres. After arriving at his station, Jamie will use both of his hands to hold a playdough and find 3 marbles hidden in it.</p>
Simran	<p>I've got to remember to really push through my legs to do my walk and then when I do my throwing I've got to look hard at my hands so that I can have a good aim. I'm going to do my best.</p>	<p>To walk 5 metres using her rollator to reach her peanut. After sitting on the peanut Simran will reach out to the side for 2-2 balls and throw them in a box.</p>
Leo	<p>I've been practising hard at PACE</p>	<p>To walk through the parallel</p>

	with my walking so I think I will be able to do this challenge. I've got lots to say but I use a special computer to say it. You can hear me talk on Challenge Day.	bars. Stand at a table hold with (L), and target bean bags into a hoop with (R). Use Toughbook to say "I did it!".
Rachel	I've been working so hard at PACE with my walking. I can't wait to do my challenge on Challenge Day.	To walk through the parallel bars. Stand at a table, hold with (R) and target bean bags into a hoop with (L).
Heidi	This is a huge challenge for me. I will be so proud of myself if I can do this on Challenge Day.	To free walk 4 steps then write a 5+ word sentence with her Toughbook.
Rosie	Every day at PACE I've been practising walking on my own and I've been getting better at it every day. I really hope I can show everybody how much I've improved with my walking on Challenge Day.	To walk independently at least 2metres, turn around walk back another 2 metres. Then stand independently, reach down pick up a bean bag and target it into a hoop.
Ciaran	I've been practising balancing on my own so I hope I will be able to do this challenge on Challenge Day.	To walk through the parallel bars. Stand independently to reach down, pick up bean bags and target into a hoop 5x.
Meera	I find it really hard to walk but I'm going to do my best to achieve my challenge.	To walk in her walker, taking 10 steps with her head lifted, then knock down skittles.
Jason		To write a 5+ word sentence with his Eyegaze.
Emily	I've got to concentrate really hard to do this challenge. I've been practising it at PACE so I'm going to do my best.	To follow set instructions to complete an obstacle course of @ 10 metres in length and on completion vocalise "I have completed my challenge".
Joran	Whilst I've been at PACE I've been working really hard on my walking and balance. I'm looking forward to showing everybody how hard I've worked when I do my challenge.	To walk the length of a bench independently then throw a ball into a net with 2 hands.
Bethan		To free walk to a point (possibly 2/3 steps). Stand independently to reach down and target bean bag into a hoop.
Sohaib		To walk along a bench without looking down, turn around and walk back.
Florence	We are all taking part in "The Children's Challenge" on 5th November and have been set challenges which are all extremely difficult for us. My Mount Everest is	To free walk to a point, stand independently, reach down, pick up a bean bag with each hand and target it into a hoop.

	<p>to "walk on my own, then stand on my own, reach down pick up a bean bag with each hand and then target it into a hoop."</p> <p>This is particularly hard for me as I have huge challenges with my balance and stability and I'm quite wobbly so will find it hard to be accurate with my throwing. Therefore this is a big mountain for me to climb, but I hope to achieve it on the 5th of November</p>	
Joshua		<p>To sort 4 colour co-ordinated pots in standing activity pushing through legs</p> <p>*Parallel bars need to be collected and taken from Ousel* Turn around and walk back.</p>
Michael		<p>To stand on wobble board unsupported for x amount. Then weave between cones or obstacle.</p>
Daniel		<p>To walk with sticks – white board answer maths questions and walk back.</p>
Waqas		<p>To sort red and yellow bean bags one to left, one to right, sitting on ladderback chair + ladder – wearing arm gaiters.</p>